

Training in Validation: The Feil Method



Some reasons this course might be for you:

- You are committed to learning effective ways of communicating with the elderly with dementia.
- You notice people are unique in their dementia and you want to expand your ability to connect with them in their unique expressions.
- You want to learn how to connect with the elderly with dementia who no longer speak.
- You have concern for the families of those you care for and want to support them in connecting with their loved ones.
- You would welcome learning in a community of people who both support and challenge you.
- You would like to learn how to deal with 'difficult behavior' such as pounding, pacing, repeating phrases, etc.
- And lastly, you have experienced Naomi Feil in person, in her books or in her videos, and you ask yourself: What do I need to learn so I can do what she does?



About Naomi Feil

Naomi Feil, M.S., A.C.S.W. is the developer of Validation. After graduating with a Masters in Social Work from Columbia, she began working with the elderly. Between 1963 and 1980, Naomi developed Validation as a response to her dissatisfaction with traditional methods of working with severely disoriented old-old people. Today there are training centers for Validation in Austria, Belgium, France, Germany, Japan, Switzerland, Sweden and the United States. www.vfvalidation.org



About the Instructor

Vicki de Klerk-Rubin is the European manager of the Validation Training Institute and a certified Validation Master. She is the author of Validation Techniques for Dementia Care, the co-author of the 1992 revision of Validation: The Feil Method and the second edition of The Validation Breakthrough. Ms. de Klerk-Rubin holds a bachelor of fine arts from Boston University, a master's of business administration from Fordham University, and is a Dutch trained registered nurse. Since 1989, Ms de Klerk-Rubin has given Validation workshops, lectures and training programs in Austria, Belgium, Denmark, England, Finland, France, Germany, Italy, Japan, Luxemburg, the Netherlands, Sweden and the United States. She has also worked in nursing facilities in Amsterdam, leading Validation groups and training staff.

Ms. de Klerk-Rubin, a native New Yorker, is married to a Dutch diplomat and has two daughters. Together they have spent the last twenty one years living in Amsterdam, Vienna, Bonn and The Hague. As of last year, they are posted in New York.

For more information:

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VALIDATION: The Feil Method



Sponsored by

RIDGELINE
MANAGEMENT COMPANY

Redding, California
and Oakland, California

November 2008 – July 2009

Certified Validation
Worker Course

What is validation?

Validation, created by Naomi Feil, is a tested method of communication with elderly disoriented people that helps reduce stress, and enhance dignity and happiness. It is accepting the feelings of another person and reaching out to them with empathy.

Who needs validation?

Individuals diagnosed with Alzheimer's and related disorders who are disoriented in the later stages of life.

From this Validation Worker Course you will be able to:

- be a truly empathetic listener for the elderly and anyone in your life
- be non-judgmental and build a trusting relationship with the disoriented elderly—bringing them peace, connectedness, and an improved quality of life
- identify the four phases of disorientation and the basic human needs experienced by the elderly
- use the Validation techniques at a basic level and as created for each phase of disorientation
- support others in their learning and use of Validation

All sessions are 9:00 a.m.–5:00 p.m.

Mercy Retirement and Care Center

3431 Foot Hill Blvd., Oakland, CA 94601

Steve Hardy: 510-534-8540, ext. 339

On-site contact

The Vistas Assisted Living

3030 Heritagetown Drive, Redding, CA 96002

Karilee Davis: 530-222-8969

On-site contact

Requirements to be certified

1. **Attend** all 5 blocks
2. **Practice** validation techniques a minimum of one time a week between blocks
3. **Pass** a written and practical test, Block 5

BLOCK ONE: basic validation theory and beliefs, stages and techniques; Erikson's stages and stage one: malorientation; how to begin with validation; assignments with stage one clients.

• November 15 and 16, 2008, Oakland

• November 18 and 19, 2008, Redding

BLOCK TWO: Stage Two: time confusion with demonstration and practice, supervision and feedback on practical homework, assignments with stage two clients.

• January 17 and 18, 2009, Oakland

• January 20 and 21, 2009, Redding

BLOCK THREE: Stage Three: repetitive motion with demonstration and practice, supervision and feedback on practical homework, assignments with stage three clients.

• March 6 and 7, 2009, Oakland

• March 3 and 4, 2009, Redding

BLOCK FOUR: Stage Four: vegetation with demonstration and practice; supervision and feedback on practical homework, assignments with stage four clients.

• May 2 and 3, 2009, Oakland

• May 5 and 6, 2009, Redding

BLOCK FIVE: Written test and practical demonstration of individual validation.

• July 11 and 12, 2009, Oakland

• July 14 and 15, 2009, Redding

IMPORTANT NOTE: This is a training course that requires 2–3 hours per week between blocks to complete assignments. Be certain your manager and administrator are clear about the time required for this course.

Registration

Space is limited

Name

Address

City

State

Zip

Home phone

Work phone

Email address

Profession

I have read and understand the requirements to be a certified validation worker.

I will attend at (please select one):

The Vistas, Redding

Mercy Retirement, Oakland

Registration fee: \$1,250 for all 5 blocks, includes lunch. Fee is non-refundable; **EARLY BIRD SPECIAL \$1,000 if payment received by October 15, 2008!**

Questions: Regarding payment or class schedule, contact Amira Fahoum at 541-686-1119 or amira@ridgelinemc.com. For per-block payment arrangements, contact Jean Garboden at 503-851-8668

Checks payable to:

Ridgeline Management Company

Memo line: Validation Training

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